

## Section VI GATEWAY TREK INFORMATION

### Permits and Trail Head Information

#### YOSEMITE NATIONAL PARK:

Tuolumne Meadows Permit Station: (209) 372-0309

#### Trail Head:

#### Distance From Log Cabin:

Tuolumne meadows	3.3 miles - 1 hour (Glen Aulin, Lyle Fork)
Bud Creek (Cathedral Lakes)	23.3 miles - 1 hour
Murphy Creek (Tenaya Lake)	30.8 miles - 1 hour 15 min.
Yosemite Creek/Ten Lakes	43.6 miles - 1 hour 45
White wolf	48.7 miles - 2 hours

#### INYO/MONO NATIONAL FOREST:

Lee Vining Ranger Station: (760) 647-6525

#### Trail Head:

Silver Lake	25 miles - 40 minutes
Sawmill	20 miles - 35 minutes
Saddlebag Lake	18 miles - 35 minutes

#### BRIDGEPORT:

Bridgeport Ranger Station: (760) 932-7070

#### Trail head:

Virginia Lakes	21 miles - 1 hour
Green Creek	35 miles - 1 hour 15 min.
Twin Lakes	42 miles - 1 hour 15 min.

## High Country Gateway Planning Form

Welcome! You have chosen to participate in a program that offers one of the most enjoyable and flexible opportunities for high adventure available in the Western United States. This planning form will provide the information needed to begin the coordination and scheduling necessary to help assure you a successful and rewarding experience. Please, provide this information at least two weeks prior to your arrival at camp.

You have given us your arrival plans and the details on your Log Cabin Wilderness Camp reservation form. In order to assist you in the completion of your preparation for the trek, please send us the following information.

### Trek Membership

Leader \_\_\_\_\_ Name of Group \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone (day) ( ) \_\_\_\_\_ No. in group \_\_\_\_ youth \_\_\_\_ Adult \_\_\_\_\_

Asst. Leader(s) \_\_\_\_\_ Phone ( ) ( ) \_\_\_\_\_

**Crew size may be limited based on National Forest/Park Restrictions**

### Program Choice (Review Pre-planned Trips)

1<sup>st</sup> choice \_\_\_\_\_ 2<sup>nd</sup> choice \_\_\_\_\_

3<sup>rd</sup> choice \_\_\_\_\_

### Experience/Training

Backpack experience of group: Number of weekend backpacks \_\_\_\_\_

Most recent date \_\_\_\_\_ Long Term (50 Miler) backpacks \_\_\_\_\_

Name \_\_\_\_\_ Start Point \_\_\_\_\_ Year \_\_\_\_\_

Name \_\_\_\_\_ Start Point \_\_\_\_\_ Year \_\_\_\_\_

Adult Leader Backpack Trained Name \_\_\_\_\_ Year \_\_\_\_\_

Name \_\_\_\_\_ Year \_\_\_\_\_

Red Cross/First aid Training Name \_\_\_\_\_ Date \_\_\_\_\_

If your group wishes to plan their own trip, please use the trail profile and description forms found in the appendix and mail the completed forms to Log Cabin prior to your arrival.

## HIGH COUNTRY GATEWAY 2002 PRE-PLANNED TRIPS

Trip 1	A) Tuolumne Meadows To Silver Lake B) Silver Lake To Tuolumne Meadows	A. Easy/Moderate B. Moderate
Trip 2	A) Budd Creek To Tenaya Lake B) Tenaya Lake To Bud Creek	A. Moderate B. Moderate
Trip 3	A) Tenaya Lake To Yosemite Creek B) Yosemite Creek To Tenaya Lake	A. Moderate B. Moderate
Trip 4	A) Tuolumne Meadows To White Wolf B) White Wolf To Tuolumne Meadows	A. Moderate /Strenuous B. Moderate
Trip 5	A) Tuolumne Meadows To Green Creek B) Green Creek To Tuolumne Meadows	A. Moderate B. Moderate
Trip 6	A) White Wolf To Twin Lakes B) Twin Lakes To White Wolf	A. Strenuous B. Strenuous
Trip 7	A) Tuolumne Meadows To Twin Lakes B) Twin Lakes To Tuolumne Meadows	A. Strenuous B. Moderate/Strenuous
Trip 8	A) Tenaya Lake To Twin Lakes B) Twin Lakes To Tenaya Lake	A. Moderate/Strenuous B. Moderate/Strenuous
Trip 9	A) Green Creek To Twin Lakes B) Twin Lakes To Green Creek	A. Moderate/Strenuous B. Moderate/Strenuous
Trip 10	A) Virginia Lake To Tenaya Lake B) Tenaya Lake To Virginia Lake	A. Moderate/Strenuous B. Moderate/Strenuous
Trip 11	A) Yosemite Creek To Ten Lakes	A. Moderate
Trip 12	A) White Wolf To White Wolf Loop Trail	A. Moderate
Trip 13	A) Tuolumne Meadows To Budd Creek B) Budd Creek To Tuolumne Meadows Loop Trail	A. Moderate B. Moderate
Trip 14	A) Three Peaks Trail Log Cabin Loop Trail	A. Moderate
Trip 15	A) Saddlebag Lake To Tuolumne Meadows B) Tuolumne Meadows To Saddlebag Lake Cross Country	A. Moderate B. Moderate
Trip 16	A) Tuolumne Meadows tp Vogalsang Loop	A. Moderate
Trip 17	A) Tenaya Lake to Half Dome Loop	A. Moderate/Strenuous
Trip 18	A) Sawmill to Silver Lake B) Silver Lake to Sawmill	A. Moderate B. Moderate

## Trip Descriptions

### Trip 1:

Tuolumne Meadows to Silver Lake	27 mi.	+2750'	Easy/Moderate
Silver Lake to Tuolumne Meadows	27 mi.	+3930'	Moderate

Peaks along this trail: Mammoth and Donohue

On this trail you will hike Donohue Pass, one of Yosemite's highest passes. You will have views of the ruggedly beautiful Minaret Mountains as well as most of Yosemite. You will see the second largest glacier in the Sierras on Mount Lyell. Your group can fish or swim in Lyell Fork, Waugh Lake, Gem Lake, and Agnew Lake. There is no shortage of water on this hike, however, this trail is known for its bears. Because Donohue Pass has a fragile ecosystem, the park service limits the number of people allowed on a permit to eight per group.

### Trip 2:

Yosemite Creek to Tenaya Lake	34 mi.	+3400'	Moderate
Tenaya Lake to Yosemite Creek	34 mi.	+3800'	Moderate

via Yosemite Falls

Peaks along this trail: Mt. Hoffman and Tuolumne

This hike offers breathtaking views of Yosemite Valley. A short side hike to North Dome provides a view of the entire Yosemite Valley. Experience The majesty of Yosemite Falls from the top. You will see water rush over Upper Yosemite falls as it plunges over a thousand feet to the valley floor. You also will have great views of Half Dome from the north rim of the valley. Fish or swim in May Lake and along Yosemite Creek and Snow Creek.

### Trip 3:

Tenaya Lake to Yosemite Creek	22 mi.	+3870'	Moderate
Yosemite Creek to Tenaya Lake	22 mi.	+4550'	Moderate

via Ten Lakes

Peaks along this trail: Tuolumne

On this hike you will climb three moderate passes that offer views of most of Yosemite. Ten Lakes offer some of the best swimming and fishing in Yosemite. A nice side trip you can take is to Polly Dome Lakes. The lakes do not have fish in them but are great for swimming.

### Trip 4:

White Wolf to Tuolumne Meadows	34 mi.	+4700'	Moderate
Tuolumne Meadows to White Wolf	34 mi.	+4000'	Mod./Strenuous

Peaks along this trail: None

This hike offers views of beautiful waterfalls along the Tuolumne River. You will see Tuolumne Falls, Cascade Falls, California Falls, Le Conte Falls, and Waterwheel Falls. Your group can fish or swim in the Tuolumne River and Harden Lake (no fish).

### Trip 5:

Tuolumne Meadows to Green Creek	31 mi.	+4430'	Moderate
Green Creek to Tuolumne Meadows	31 mi.	+3870'	Moderate

Peaks along this trail: Sheep, Camaica, Virginia, North Peak, and Excelsior Mountain

This hike travels through beautiful Cold Canyon and Virginia Canyon. Summit Lake sits on the boundary of the park at 10,400 ft. You will see both Tuolumne falls and Cascade Falls near Glen Aulin. Your group can fish or swim in the Tuolumne River, McCabe Lakes, Return Creek, Summit Lake, Hoover Lake, East Lake, and Green Lake.

**Trip 6:**

White Wolf to Twin Lakes	45 mi.	+7100'	Strenuous
Twin Lakes to White Wolf	45 mi.	+8300'	Strenuous

Peaks along this trail: Price and Volunteer

On this hike you will go from one of the lowest areas in Yosemite (Pate Valley) to some of the highest. Along the way you will pass beautiful lakes and see most of Yosemite from the three passes you will climb. Your group can fish or swim in the Tuolumne River, Murdock Lake, Benson Lake, Peeler Lake, and Barney Lake. **This hike is strenuous and should only be hiked by experienced backpacking groups.**

**Trip 7:**

Tuolumne Meadows to Twin lakes	51 mi.	+6700'	Strenuous
Twin lakes to Tuolumne Meadows	51 mi.	+8100'	Strenuous

Peaks along this trail: Volunteer and Price

On this hike you will have breath taking views of Yosemite from the four passes you will climb. You will also hike through beautiful Cold Canyon, Virginia Canyon, and Matterhorn Canyon. Along the way your group can fish or swim in the Tuolumne River, Return Creek, Miller Lake, Benson Lake, Snow Lake, Crown Lake, and Barney Lake. **This hike is strenuous and should only be hiked by experienced backpacking groups.**

**Trip 8:**

8A) Tenaya Lake to Twin Lakes	41 mi.	+6200'	Moderate/Strenuous
8B) Twin Lakes to Tenaya Lake	41 mi.	+7300'	Moderate/Strenuous

Peaks along this trail: Matterhorn, Slide, and Whorl Mtn.

On this hike you will hike in beautiful Cold Canyon, Virginia Canyon, and Matterhorn Canyon. You will see both Matterhorn Peak and the Sawtooth Ridge. The views from the three passes you will climb will be spectacular. Your group can fish or swim in MeGee Lake (no fish), Tuolumne River, Return Creek, Miller Lake (no fish), Crown Lake, and Barney Lake. You may want to fill up on water before entering Cold Canyon.

**Trip 9:**

Green Creek to Twin Lakes	39 mi.	+6400'	Moderate/Strenuous
Twin Lakes to Green Creek	39 mi.	+7400'	Moderate/Strenuous

Peaks along this trail: Virginia, Camiaca, Matterhorn, Slide, Excelsior, and Whorl

On this hike you will have breathtaking views from the four passes you will climb. You will also see both Matterhorn Peak and the Sawtooth Ridge. Your group can fish or swim in Green Lake, East Lake, Hoover Lake, Summit Lake, Return Creek, Miller Lake (no fish), Crown Lake, and Barney Lake.

**Trip 10:**

Virginia Lake to Budd Creek	47 mi.	+6950'	Moderate/Strenuous
Budd Creek to Virginia Lake	47 mi.	+8270'	Moderate/Strenuous

Peaks along this trail: None

This hike travels through beautiful Virginia Canyon, and Cold Canyon. This hike passes over three moderate passes that offer views of the surrounding peaks. You will also pass by Sunrise Lakes, Cathedral Lakes, and towering Cathedral Peak. You will hike through some beautiful long meadows where you can stop to look at the wildflowers. Your group can fish or swim in Summit Lake, Return Creek, Tuolumne River, MeGee Lake (no fish), Sunrise Lakes, and Cathedral Lakes.



**Trip 16:**

Tuolumne Meadows to Vogalsang Loop Trail      41 mi.      +5100'      Moderate  
 Peaks along this trail: Vogalsang Peak, Rafferty Peak, and Fletcher Peak

On this hike you will visit many beautiful lakes and Meadows. From the two passes you will climb you will have views of the surrounding peaks. You will also see beautiful cascading streams as you hike through the canyons. Your group can fish or swim in Lyell Fork, Ireland Lake, Evelyn Lake, Fletcher Lake, Vogalsang Lake, Bernice Lake, Babcock Lake, Emeric Lake, and Boothe Lake. **This trail is very popular, therefore, may be hard to get permits for.**

**Trip 17:**

Tenaya Lake to Half Dome Loop Trail      38 mi.      +7230'      Moderate/Strenuous  
 Peaks along this trail: Half Dome

On this hike you will see breathtaking views as you pass over Clouds Rest and climb Half Dome. You will also see beautiful streams, meadows, and glacial sculpted canyons. This trail uses part of the John Muir Trail, so it may be crowded with people. **This trail is very popular, therefore, may be hard to get permits for.**

**Trip 18:**

Sawmill to Silver Lake      24 mi.      +4450'      Moderate  
 Silver Lake to Sawmill      24 mi.      +5150'      Moderate  
 Peaks along this trail: Kiop, Kuna, Parker, Mount Gibbs, Mount Lewis, Mount Wood.

This hike offers the opportunity for your group to bag six peaks that are all over 12,000 feet high. From these peaks you will have views of Mono Lake and the surrounding Sierra peaks. Your group can fish or swim in Sardine lake, Agler Lakes, Gem Lake, and Agnew lake.

**Your Own Trip:**

Your group may plan your own trip or modify one of our already planned trips to fit your needs. If you plan to do this, we ask that you send us a trip plan **BEFORE YOUR ARRIVAL AT LOG CABIN** so that we may look it over and answer any questions that you may have. Use the trail profile and hike description forms found in the appendix to plan your trip.